The Cornerstone Food Cupboard provides food assistance to over 600 households in the Vernon area, all of whom meet federal eligibility guidelines. The cupboard is operated by a team of volunteers who provide a variety of services such as:

- Checking clients into the cupboard
- Assisting those clients who need help in selecting their food items
- Check out clients and help pack their food
- Stocking shelves
- Processing perishable donations

**Hours needed:**
Volunteers are needed on **Saturdays from Noon-2** to help during open hours. Volunteers are also needed on **Mondays or Fridays from 10-2** for processing food--unpack boxes of produce, meat and refrigerated items. Check produce items and remove any that is spoiled. During the year, additional volunteers may be needed to help with food drives at area stores or community organizations.

*Volunteering in the cupboard requires a significant amount of standing and may require the ability to lift boxes up to 30 pounds.* All safety guidelines and procedures for Covid-19 will be followed including wearing gloves and masks and social distancing.*

For more information or to fill out an application go to:

[www.cornerstone-cares.org/volunteer](http://www.cornerstone-cares.org/volunteer)